



Encountering Christ: Who do you say that I am?

A Retreat for Mothers and their Daughters ages 13-17

Begins Monday, June 23 at 3:00 PM
and ends June 26 at 12:00 PM

The beauty and balance of prayer, work, and recreation in the spirit of Carmel has been a source of blessing and inspiration for all who have attended as well as for the Sisters. We invite you and your daughter to take some time away to deepen your relationship with the Lord and one another.

The retreat includes:

- Faith formation with conferences on our Catholic Faith
- Times for personal prayer and reflection
- A deepening awareness of the dignity we have as children of God
- Special time set aside for mother - daughter sharing
- An opportunity to meet and spend time with many of our Sisters
- Praying, working and recreating with the Carmelite Sisters
- Opportunities to share with other families and to build lasting friendships
- Participation in the sacraments of Holy Mass and Reconciliation
- Cost is \$250 per person. Financial scholarships are available.

**To make a reservation or for more information,
Please contact Sister Carmelina, OCD
(626) 289-1353 ext 302 or sjcprogasst@carmelitesistersocd.com**



Fr. Jacob Bertrand was raised in Southern California spending most of his time in San Diego. He graduated from the University of San Diego with a Bachelors Degree in Philosophy. Father discerned his vocation to the priesthood and entered the seminary. He studied for four years in Rome, Italy and received another general degree in Theology and Master Degree in Spiritual Theology. Father was ordained a priest for the Diocese of San Diego on June 11, 2010. He currently serves as Pastor at St. Rose of Lima Church in Chula Vista, CA.

Sponsored by the Carmelite Sisters of the Most Sacred Heart of Los Angeles